



The Heights SCC



Starters

Caesar Salad

romaine lettuce, bacon bits, croutons, parmesan cheese and creamy garlic dressing

14

Spinach Salad

baby spinach, tossed in poppyseed dressing, toasted almonds, mandarin oranges, red onion and strawberries

16

Heights Greens

mixed greens, celery, carrots, red onion, cucumber and tomatoes with your choice of dressing (ranch, blue cheese, italian or 1000 Island)

12

ADD A GRILLED CHICKEN BREAST TO ANY SALAD \$8

Garlic Bread

rustic ciabatta bread toasted with garlic butter
add cheese \$2, add bacon \$2

8

1lb Chicken Wings

tossed in your favourite sauce (mild, medium, hot, tequila lime BBQ, honey garlic, honey-hot or dry cajun)
Served with vegetable crudites and dip

17

Handhelds

Burger & Fries

classic burger, toasted brioche bun with lettuce, tomato, onion and pickle
add cheese \$2, add bacon \$2

16

Black Bean Burger & Fries

vegetarian patty with guacamole, chipotle mayo, lettuce and tomato

16

Chicken Club & Fries

grilled chicken breast, lettuce, tomato, bacon, cheddar cheese, cucumber and mayo on a toasted ciabatta bun

19

Mains

16

Chicken Fingers & Fries

golden, crispy chicken tenders and plum sauce
buffalo style (tossed in wing sauce) \$1.50

18

Fish & Chips

beer battered haddock fillet, tartar sauce, coleslaw and French fries
extra piece of fish \$6

17

Substitute Sweet Potato Fries, Onion Rings, House Greens & Caesar Salad \$2.50 or Poutine \$4

Plus applicable taxes